

Metros win state title

WATERLOO — The Sioux City Metros won the Iowa High School Hockey League state tournament championship with a 5-4, three over-time victory over the Des Moines Oak Leafs on Sunday.

Kevin Lohry scored the winning goal 29 seconds into the third overtime. He finished the game with a goal and an assist and was named the tournament MVP.

The Metros have won six IHSHL state tournament crowns. Sioux City and the Oak Leafs entered this year's tournament as the fifth and sixth seeds, respectively.

METROS 5, OAK LEAFS 4 (3OT)

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| Oak Leafs | 0 | 4 | 0 | 0 | 0 | 0—4 |
| Sioux City | 2 | 1 | 1 | 0 | 0 | 1—5 |

FIRST PERIOD — 1. Des Moines: Jason Brown (Drew Schade), 5:15. 2. Des

Moines: Lucas DuBay (Brown, Kyle Norris), 8:07. **Penalties** — 1. Sioux City: Joel Kempter (interference), 6:38. 2. Des Moines: Nathan Drew (slash), 10:19.

SECOND PERIOD — 3. Sioux City: Alex Lukehart (Kevin Lohry), :40. 4. Sioux City: Chase Kinchen (Lukehart), 2:48. 5. Sioux City: Sam Schweigert (Kyle Bennett, Jon Soole), 10:09. 6. Des Moines: Brian Spring (unassisted), 12:02. 7. Sioux City: Daniel Limoges (Bennett), 13:35. **Penalties** — 3. Des Moines: Schade (interference), 2:30. 4. Sioux City: Limoges (interference), 4:05.

THIRD PERIOD — 8. Des Moines: Jason Steward (Grant Erbes, Schade), 7:30. **Penalties** — 5. Sioux City: Lukehart boarding, 2:29. 6. Des Moines: Wyatt Reed Dowling (trip), 13:11.

FIRST OVERTIME — no scoring. Penalties 7. Sioux City: Limoges (hook), :32.

SECOND OVERTIME — no scoring. **Penalties** — none.

THIRD OVERTIME — 9. Sioux City: Lohry (Limoges), :29.

Shots on goal

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| Sioux City | 4 | 14 | 6 | 5 | 4 | 1—34 |
| Des Moines | 10 | 6 | 9 | 6 | 8 | 0—39 |

Goalies — Sioux City: Beau Erickson (39 shots, 35 saves). Des Moines: Geoffrey Miller (34 shots, 29 saves).